

# BRITTANY ON FOOT

## *Under construction*

To discover Brittany on foot, is for those who enjoy beautiful landscapes, fresh air and be a nature lover, you must have a taste for touring and being free, or spending some time on cultural walks.

With more than 11 000km of signposted paths, Brittany is an haven for hikes which will take you from very steep cliffs along the coast from la pointe du Raz to the pointe du Grouin or to the countryside with the forest of Broceliande and the highest point the Monts d'Arree.

## **The route marking**

With the Ramblers walks (Promenades et Randonnées PR) (short walks in a loop) Can be walked in an hour or a day.

You can choose your circuit accordingly, a PR is marked out by a rectangular yellow coloured sign which will propose a route most of the time in a loop. They are ideal to discover a region, a county, or a natural reserve.

With the( Grandes Randonnées et PromenadesGRP) long walks in a loop

A GRP is marked out by two rectangular signs in yellow and red. If you wish to discover Broceliande or the county of St Malo or Morlaix you can follow the GRP which will take you into the heart of Brittany , its culture, its heritage, and its economy.

With the (Grandes Randonnées GR) long walks , linear paths

The GR is marked out by two superimposed rectangular signs in white and red. The GR is mainly along linear paths connecting one to another. The GR 34 traverses the coast and is called the sentier des douaniers (the customs officers who guard the coast to stop smugglers). This coast path offers wonderful views, it is a real jewel of Brittany.

## **Extended hiking routes in Brittany**

Known as Coastal Path The GR34, sentier des douaniers

From the bay of Mont St Michel to the Golf du Morbihan, you traverse the coast D'Emeraude , the coast of Granit Rose, the Abers, the peninsula of Crozon, and the pointe du Raz. You can walk on a coastal path called the GR34 long of 2000km. All the Breton coast offers incredible views of the sea, a wealth of ancient religious architecture, natural and man built marvels, rocky points, and wild coast, dunes and dry moors.....

6 topo-guides of the GR34 have been printed if you are looking for details and further information.

## **Other paths in Brittany (GR grandes Randonnées)**

The GR 37 crosses Brittany from east to west , from the town of Vitré to the peninsula of Crozon, via the forest of Broceliande and the mount of Arrée.

The GR 38 crosses Brittany from east to west from the town of Redon to the town of Douarnenez, whereas the GR 39 traverses the river Vilaine from the Mont St Michel to

Guerande.

The GR 380 is a loop which takes you around the Mounts of Arée.

### The Path of St Jacques de Compostel

More than 1500km of path from La Pointe de Saint-Mathieu, from Mogueérec, from Locquirec, from l'Abbaye de Beauport or the Mont Saint-Michel.

Brittany offers an exceptional religious heritage. You can still enjoy this by taking the road travelled by pilgrims of yesterday and today on the way to Galicia.

For more information contact: The Association Bretonne des Amis de St Jacques de Compostelle

### Le Tro-Breizh

To pay tribute to the seven Saints Fondateurs of Brittany, the pilgrims of the Middle Ages reunited on foot St Brieuc, St Malo, Dol de Bretagne, Vannes, Quimper, St Pol de Leon, Treguier. This walk 600km long crosses Brittany from the north to the south.

For more information contact: Association des chemins de Tro-Breizh

## **How to organise your walk**

### The Accommodations

For a well deserved break, hotels, campsites, guest houses, youth hostels, holidays villages, holidays cottages, offer a short stay for small or big groups. The range of accommodations provided are situated near the hiking routes.

You can find these accommodation addresses on Balades et Randonnées Côtes d'Armor GR34 or download the details listing accommodation.

Associations such as des Hébergeurs de Randonnées en Bretagne (lodgers for hikers in Brittany), known as "Etape Rando Bretagne" (stopping place for walkers) or Rando Accueil (hikers welcome) or the holidays lodges "Gîtes de France, will all offer the best services and equipment so you can enjoy walking in peace of mind.

All the forgoing have been professionally registered for providing a good quality service.

### Etape Rando Bretagne (Stopping place for walkers)

Provides a welcome rest place for walkers touring on foot or on horseback. They are situated less than 2 km from the GR and offer luggage transport, snacks on the spot or nearby and advice on walkers itinerary, every endeavour is made to facilitate your stay.

### Rando accueil (hikers welcome)

The national labels Rando Accueil is adapted to provide various modes of accommodation in accordance with your itinerary. Various services may be offered including : transport of luggage, tourist information, copious breakfast. etc....

### Gîte de France ( holiday lodges)

Holiday cottage of large capacity from 12 to 50 people will welcome groups of friends and families who wish to stay in Brittany, they are able to meet the requirements of walkers for a stopover or a stay of several days.

### The topo-guides ( topographical guides)

If you wish to explore Brittany on foot, and organise some walks on the GR34, or do some loop walks in the county (GRPays) you can choose a topo-guide appropriate to the county. These topo-guides are available from the Fédération Française de Randonnée (FFRandonnée) Bretagne, they may also be bought in a newsagent shop, at the tourist office or on the site of Comité FFRandonnée Bretagne.

### Séjours Rando clé en main ( package tour all included)

Offered a partnership with the Association des hébergeurs de la Randonnée en Bretagne (

lodgers for hikers in Brittany ) and the Comité FFRandonnée Bretagne. They propose to walkers loop circuits with maps and suggestions various suitable options so enabling walkers to choose what they want to do without a guide.

Accommodation for a stopover situated less than 2km from a GR offer equipment and services adapted to the needs of the walkers: a room for storage, an area for cleaning, transport or storing of luggage, catering facilities plus information about the itineraries and tourist documentation....

Discover 2 circuits

Agencies also propose their services if you wish to venture further to explore Brittany for a week end, for a week or more.